FEEDING REFERENCE

Daily Kcal Chart

Approximate calories per day by body weight and life stage. Find the dog's weight, then read across to its category.

Weight (lb)	Puppy up to 4 mo	Puppy over 4 mo	Neutered adult	Intact adult	Obese prone	Weight loss
1	115	77	61.5	70	54	—
2	194	129	104	117	91	—
3	264	176	141	159	123	—
4	330	220	176	198	154	110
5	390	260	208	234	182	130
6	447	298	238	268	209	149
7	501	334	267	301	234	167
8	552	368	294	331	258	184
9	603	402	322	362	281	201
10	654	436	349	392	305	218
11	702	468	374	421	328	234
12	750	500	400	450	350	250
13	795	530	424	477	371	265
14	840	560	448	504	392	280
15	885	590	472	531	413	295
16	930	620	496	558	434	310
17	972	648	518	583	454	324
18	1,017	678	542	610	475	339
19	1,059	706	565	635	494	353
20	1,098	732	586	659	512	366
25	1,299	866	693	779	606	433
30	1,491	994	795	895	696	497
35	1,674	1,116	893	1,004	781	558

40	1,848	1,232	986	1,109	862	616
45	2,019	1,346	1,077	1,211	942	673
50	—	1,458	1,166	1,312	1,021	729
55	—	1,566	1,253	1,409	1,096	783
60	—	1,670	1,336	1,503	1,169	835
65	—	1,774	1,419	1,597	1,242	887
70	—	1,876	1,501	1,688	1,313	938
75	—	1,976	1,581	1,778	1,383	988
80	—	2,074	1,659	1,867	1,452	1,037
85	—	2,170	1,736	1,953	1,519	1,085
90	—	2,264	1,811	2,038	1,585	1,132
95	—	2,358	1,886	2,122	1,651	1,179
100	—	2,450	1,960	2,205	1,715	1,225

— means not listed for that weight. Numbers are kcal per day.

Foods

Pro Plan Sport 30/20 Salmon & Rice	**534**
Pro Plan Puppy Chicken & Rice	**456**
Pro Plan Sport 26/16 Active	**426**
Royal Canin Puppy GI	**426**
Pro Plan Large Breed Puppy Chicken & Rice	**419**
Victor Professional (All Life Stages)	**400**
Fromm Gold Large Breed Adult	**377**
Royal Canin Large Breed Puppy	**349**
Royal Canin Golden Retriever Puppy	**339**
Royal Canin Labrador Retriever Puppy	**307**

All foods in kcal per cup.

Treats & extras

Peanut butter, 1 Tbsp	**~95 kcal**
Bully stick, per inch (varies)	**9–22 kcal**
Beef gullet stick, 6 in *	**25 kcal**
NuVet Plus, 1 wafer *	**5 kcal**

Count treats toward the daily total. * Varies by brand; check the package.