



Dog Training Session Planning Checklist



Podcast: www.ShapedByDog.com



Your Planning Considerations

- ☐ What are you training?
- ☐ How much time do you have to train?
- ☐ What is the list of behaviors you have to train?
- ☐ Review your notes from the previous session.
- ☐ What does success look like?
- ☐ What is the equipment required?
- ☐ What is your warm up plan?
- ☐ What is the criteria (what does correct look like / what does incorrect look like)?
- ☐ How are you going to manipulate the environment?
- ☐ Review your training, journal your successes, look at your video, write a plan of action for next time.





Your Training Preparation

What are you training?: _____

Total Session Time Planned: _____

Equipment Required:

List of Behaviors:

What is your warm up plan?:

What are your Balance Breaks?:

Dog Training Planning Prep



Set Up For Success

What does success look like?: _____

Criteria

What Does Correct Look Like?:

What Does Incorrect Look Like?:

How are you going to manipulate the environment?:

Dog Training Session Review



Date: _____ Dog: _____

Location: _____

Training: _____

Rewards Used: _____

Total Time of Session: _____ Session Rating: ☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9 ☐10
(1= Needs more work / 10= No room for improvement)

☐ Prepared & Planned ☐ Optimal Arousal ☐ Included Balance Breaks ☐ Videoed Session ☐ Reviewed Video

General Notes: _____

Three things I want to improve on:

Three things that went really well:

Next Session Plan: _____

My dog is brilliant because: _____

Notes and Reminders



Date: _____ Topic: _____

Handwriting practice lines consisting of 10 sets of three horizontal dashed lines.

Notes and Reminders



A series of horizontal dashed lines for writing notes and reminders.



About Susan

A world-leading educator of dog trainers, Susan Garrett is also one of the most successful agility competitors of the last three decades. She has won multiple Gold Medals at National or World Championship events with every dog she has ever owned over the past 30 years. Susan was one of the very first dog trainers to share knowledge online when she opened her "Clicker Dogs" website many years ago.



Susan has supported hundreds of thousands of people with enjoying a great relationship with their dogs through her workshops and keynote speaking around the world, award winning books, DVDs, magazine articles, interviews, blog posts, podcasts, free dog training and dog agility video series, and online dog training programs.

A natural teacher and an entertaining speaker, Susan is world renowned for her dog training knowledge and practical application of that knowledge. Her understanding of how to apply science-based learning principles to both competitive and family pet dog training has been pivotal in changing how dogs are trained.

Susan is now helping many thousands of dog owners in over 100 countries have the best relationship possible with their dogs. The real joy for her comes from bringing confidence to dogs and their owner through playful interactions and relationship building games that are grounded firmly in the science of how animals learn.

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